

The Continental Mid-town

Executive Chef
Steven Petrecca

We accept Visa,
Mastercard, Discover,
American Express
& Diner's Club

LUNCH
Monday-Friday:
11.30 am to 3.30 pm

BRUNCH
Saturday-Sunday:
10 am to 4 pm

MIDDAY
Monday-Friday:
3:30 pm to 5 pm
Saturday-Sunday:
4 pm to 5 pm

DINNER
Sunday-Thursday:
5 pm to 11 pm
Friday-Saturday:
5pm to Midnight

Soup of the Day 4.00 cup / 8.00 bowl
ask your server

Udon Noodle Soup 11.00
chicken dumplings, dashi & scallions

French Onion Soup Dumplings 13.00
baked with gruyère cheese

Grilled Thai Chicken Skewers 14.00
jasmine rice & peanut sauce

BBQ Chicken Quesadilla 12.50
avocado cream

Cheesesteak Eggroll 15.00
bell peppers, mushrooms, onions, sriracha ketchup

Szechuan Shoestring Fries 9.50 (v)
chinese mustard sauce

Steamed Edamame 7.00 (v)
sea salt

Hummus & Pita 11.00 (v)
grilled pita & extra virgin olive oil

Spinach Cobb Salad 14.00
bacon, avocado, chicken, blue cheese & a farm egg

Crispy Calamari Salad 15.00
chopped greens, carrots, tomatoes,
sprouts & soy-sesame dressing

Continental Salad 13.00 (v)
chopped greens, tomatoes, cucumber, feta & red onions

Asian Chicken Salad 13.00
cucumber, wontons & coconut-peanut dressing

Black Quinoa 'Tabbouleh' Salad 12.00 (v)
spinach, feta, red onion, tomato, olives,
cucumber & mint with lemon vinaigrette

Baby Kale & Beet Salad 11.50 (v)
goat cheese, pumpernickel croutons, candied walnuts
& apple cider vinaigrette

ADD GRILLED CHICKEN BREAST TO ANY SALAD 5.00

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   @Continental_MidTown #ContinentalMidTown

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. 11.12.18

ALL SANDWICHES COME WITH A CHOICE OF
FRENCH FRIES, FRUIT OR SMALL CONTINENTAL SALAD

Grilled Chicken 12.50
braised greens & aged provolone on a baguette

Hot Roast Beef 12.50
onion jus, melted provolone, horseradish aioli

Continental Cheeseburger* 13.50
la frieda "special blend" 1/2 lb burger,
sautéed onions, shaved lettuce & sharp cheddar
WITH BACON 16.00

Turkey Club 13.50
roasted turkey, applewood bacon, lettuce & tomato on toasted
metropolitan white bread with caramelized apple mayo

Big Daddy Mack 11.00 (v)
veggie patty, special sauce, lettuce, cheddar cheese,
pickles & onions on a sesame seed bun

Greek Turkey Burger 12.50
bibb lettuce, red onion, tzatziki

Country Ham 10.50
french ham, pickles, egg, gruyère & frisee with
carmelized onion mayo on onion brioche

Chicken Curry Naan-wich 12.00
chicken salad with raisins & mango-curry dressing on
grilled naan bread

Grilled Cheese 10.00 (v)
havarti & fontina on brioche

Salmon Sashimi Poké Bowl* 16.00
soy-yuzu, scallion, brown rice, seaweed salad

The Hollywood Bowl 14.50
crab stick kani poké bowl, spicy mayo, avocado,
toasted sesame

Spinach Ravioli 13.50 (v)
toasted pine nuts, tomatoes & fresh basil

Jumbo Lump Crab Pad Thai 19.00
rice noodles, tofu, egg, scallions & peanuts

Lobster Mac n' Cheese 19.00
orzo pasta, gruyère & fontina

Rad Na 14.00
chow fun noodles, peanuts, chicken, over crisp romaine

Korean Pork Tacos 12.00
berkshire pork with korean bbq sauce

Seared Tuna* 19.00
sesame crusted (served rare) with mushroom risotto